

LEG 1 Splits

estimated leg time 6:25:00 (+10 min break at quarry)

actual leg time 6:23:23

Location	Target leg time	Actual leg time	
Capel Curig			
Moel Siabod	00:54:00	53.53	
Clogwyn Bwlch y Maen	00:17:00	16.11	
Carnedd y Gribau	00:10:00	9.17	
Cerrig Cochion	00:33:00	35.04	
Moel Meirch	00:14:00	12.35	
Ysgafael Wen	00:21:00	21.32	
Mynydd Llynnau'r Cwn	00:04:00	3.29	
Unnamed	00:06:00	7.20	
Moel Druman	00:10:00	8.39	
Allt Fawr	00:12:00	11.40	
Croser quarry	00:20:00 00:10:00	21.14 6.00	
Moel Ddu	00:19:00	11.33	
Moel yr Hydd	00:10:00	9.18	
Moelwyn Bach	00:30:00	26.06	
Craigysgafn	00:13:00	12.47	
Moelwyn Mawr	00:10:00	11.35	
Cnicht	00:52:00	52.18	
Aberglaslyn	00:50:00	52.51	
total	6:35:00	6:23:23	-11 mins

LEG 2 Splits

estimated leg time 3:45:00 (+10 break at start)

actual leg time 3:47:42

Location	Estimated leg time	Actual leg time	
Aberglaslyn -	00:10:00	10.31	
Bryn Banog	00:51:00	51.37	
Moel Hebog	00:35:00	35.21	
Moel yr Ogof	00:20:00	19.15	
Moel Lefn	00:12:00	10.10	
Y Gyrn	00:24:00	24.18	
Mynydd y Ddwy Elor	00:12:00	9.46	
Trum y Ddysgl	00:26:00	20.28	
Mynydd Drws y Coed	00:09:00	9.12	
Y Garn	00:12:00	11.02	
Pont Cae'r Gors	00:24:00	26.02	
total	3:55:00	3:47:42	-7 mins

LEG 3 Splits

estimated leg time 4:30:00 (+10 break at start)

actual leg time 4:21:54

Location	Estimated leg time	Actual leg time	
Pont Cae'r Gors - Dep	00:10:00	00:09:28	
Craig Wen	00:45:00	00:38:08	
Yr Aran	00:19:00	00:16:27	
Cribau Tregalan	00:50:00	00:46:05	
Yr Wyddfa	00:16:00	00:14:15	
Crib y Ddysgl	00:12:00	00:12:27	
Moel Cynghorion	00:42:00	00:38:15	
Foel Goch	00:22:00	00:24:55	
Foel Fron	00:16:00	00:17:27	
Moel Eilio	00:16:00	00:13:41	
Llanberis - Arrive	00:32:00	00:30:46	
totals	4:40:00	4:21:54	-18 mins

LEG 4 Splits

estimated leg time 4:30:00 (+10 break at start)

actual leg time 4:51:34

Location	Estimated leg time	Actual leg time	
Llanberis depart	00:10:00	00:19:33	
Elidir Fach	01:05:00	00:56:27	
Elidir Fawr	00:18:00	00:15:53	
Mynydd Perfedd	00:17:00	00:20:34	
Foel Goch	00:15:00	00:14:55	
Y Garn	00:26:00	00:21:50	
Glyder Fawr	00:40:00	00:40:50	
Glyder Fach	00:17:00	00:22:00	
Tryfan	00:37:00	00:61:31	
Ogwen Arrive	00:35:00	00:33:38	
totals	4:40:00	4:51:34	+12 mins

LEG 5 Splits

estimated leg time 3:30:00 (+10 break at start)

actual leg time 3:40:44

Location	Estimated leg time	Actual leg time	
Ogwen Depart	00:10:00	00:06:21	
Pen yr Ole Wen	01:00:00	00:54:39	
Carnedd Dafydd	00:20:00	00:19:56	
Carnedd Llewelyn	00:34:00	00:34:48	
Pen yr Helgi Du	00:30:00	00:30:00	estimated
Pen Llithrig yr Wrach	00:26:00	00:26:00	estimated
Capel Curig - Arrive	00:40:00	00:49:00	estimated
totals	3:40:00	3:40:44	+1 min